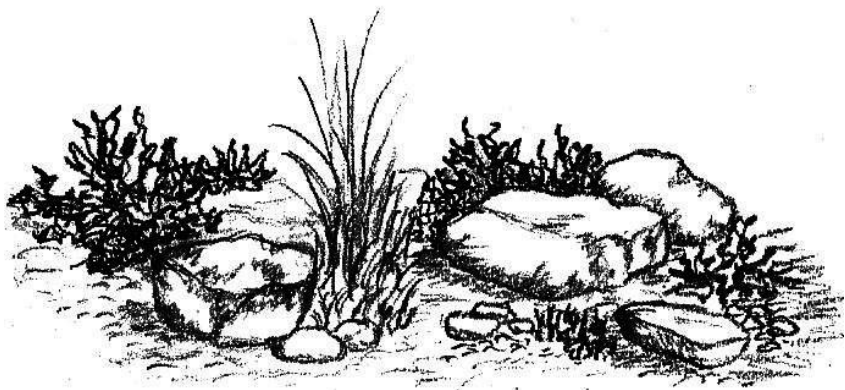


Verses
from the
Psalms

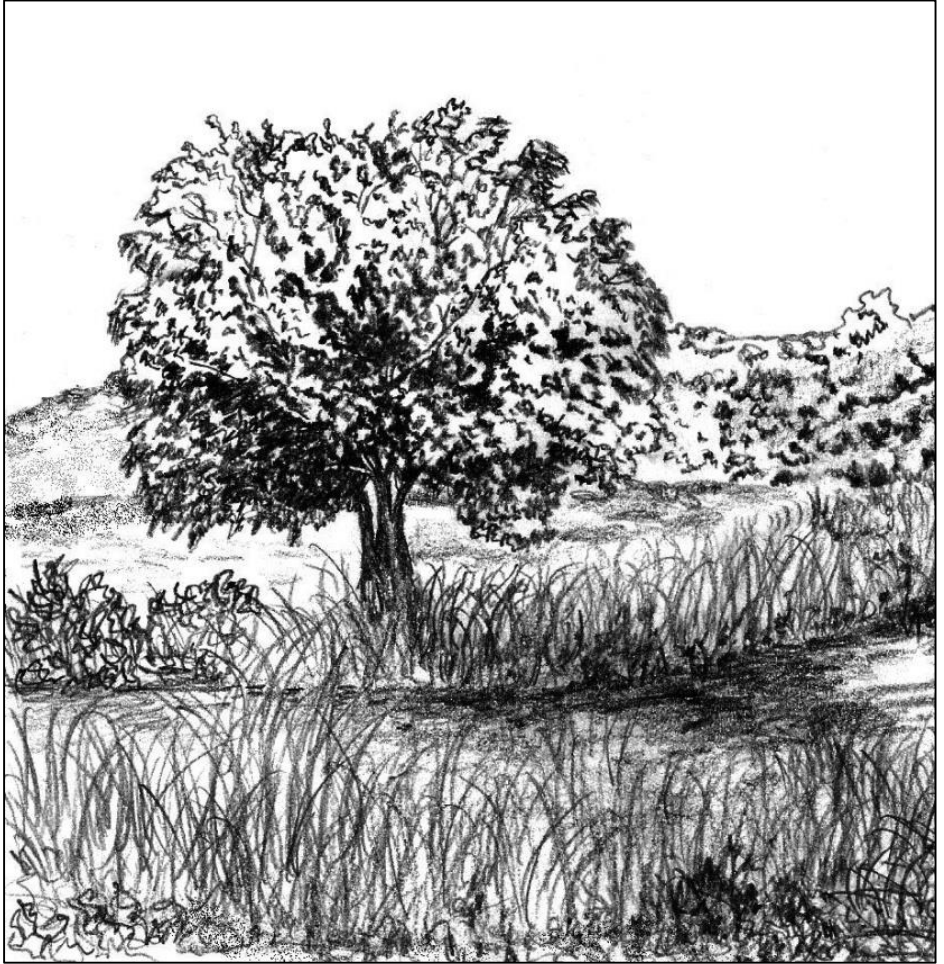


Verses
from the
Psalms



This book belongs to _____

Drawings by Heather Oberholzer.

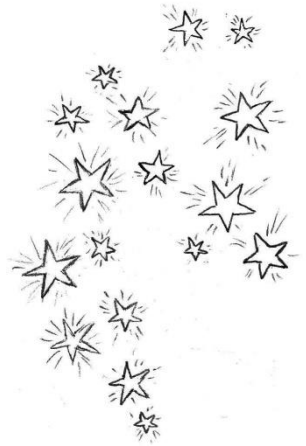


Psalm 1

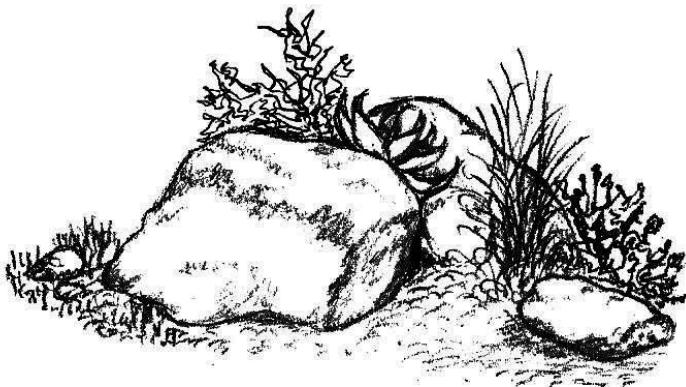
1

1. Blessed is the man who does not walk
in the counsel of the wicked
or stand in the way of sinners
or sit in the seat of mockers.
2. But his delight is in the law of the Lord,
and on His law he meditates day and night.
3. He is like a tree planted
by streams of water,
which yields its fruit in season
and whose leaf does not wither.
Whatever he does prospers.

2. The heavens declare
the glory of God,
the skies proclaim
the work of His hands.



15. Let the words of my mouth
and the meditation of my heart
be pleasing in Your sight,
O Lord, my Rock and my Redeemer.

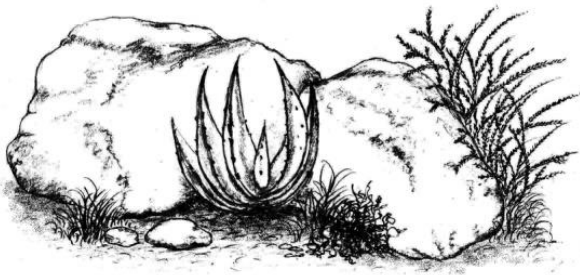


1. The Lord is my shepherd,
I shall not want.



2. He makes me lie down in green pastures,
He leads me beside quiet waters.
3. He restores my soul.
He guides me in paths of righteousness,
for His name's sake.

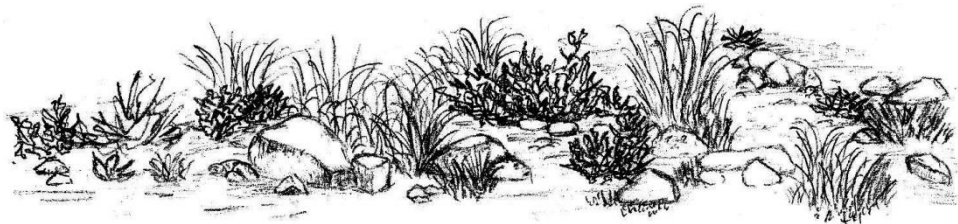
4. Even though I walk through the valley
of the shadow of death,
I will fear no evil, for You are with me:
Your rod and Your staff, they comfort me.
5. You prepare a table before me
in the presence of my enemies.
You anoint my head with oil;
my cup overflows.
6. Surely goodness and mercy will follow me
all the days of my life,
and I will dwell in the house of the Lord
forever.



Psalm 25

5

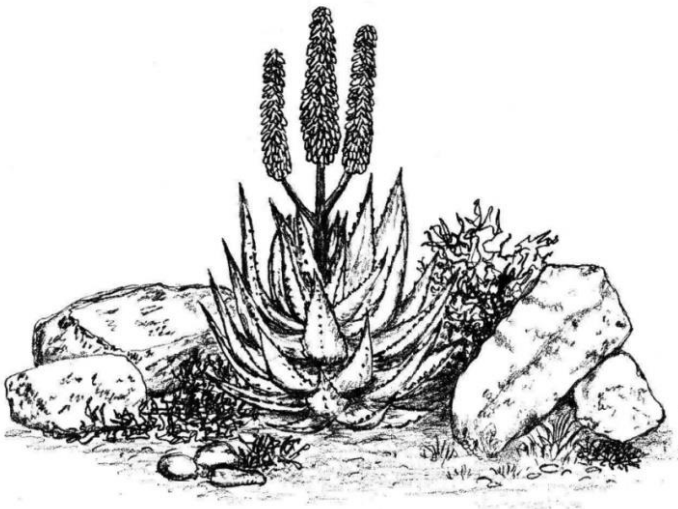
4. Show me Your ways, O Lord,
teach me Your paths.
5. Guide me in Your truth and teach me,
for You are God my Saviour,
and my hope is in You all day long.



Psalm 31

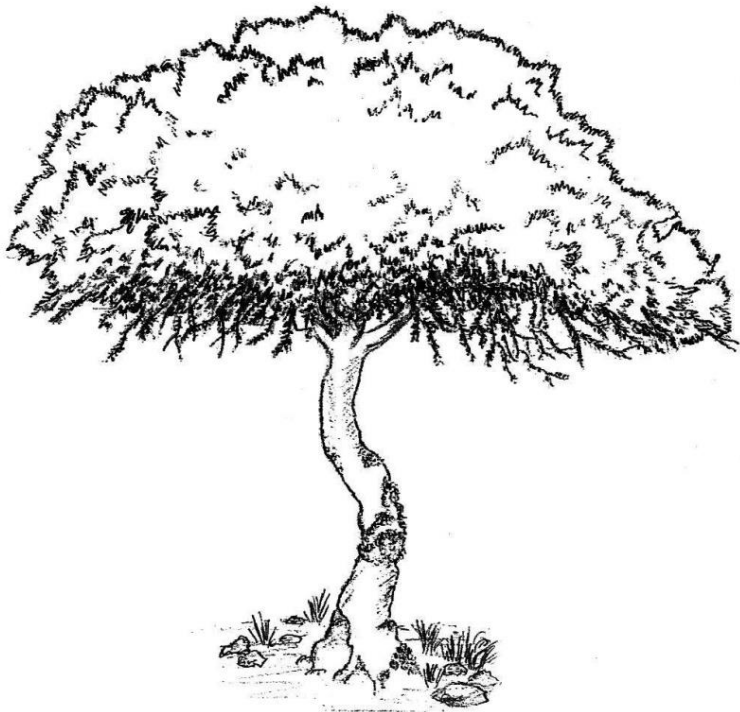
6. Into Your hands I commit my spirit;
redeem me, O Lord, the God of truth.

5. I acknowledged my sin to You,
and did not cover up my iniquity.
I said: "I will confess my transgressions
to the Lord" - and You forgave
the guilt of my sin.
8. I will instruct you and teach you
in the way you should go,
I will counsel you and watch over you.



18. The eyes of the Lord
are on those who fear Him,
on those whose hope is in His unfailing love.

22. May Your unfailing love
rest upon us, O Lord,
even as we put our hope in You.



4. I sought the Lord,
and He answered me;
He delivered me from all my fears.

7. The angel of the Lord encamps around
those who fear Him,
and He delivers them.

8. Taste and see that the Lord is good,
Blessed is the man who takes refuge in Him.

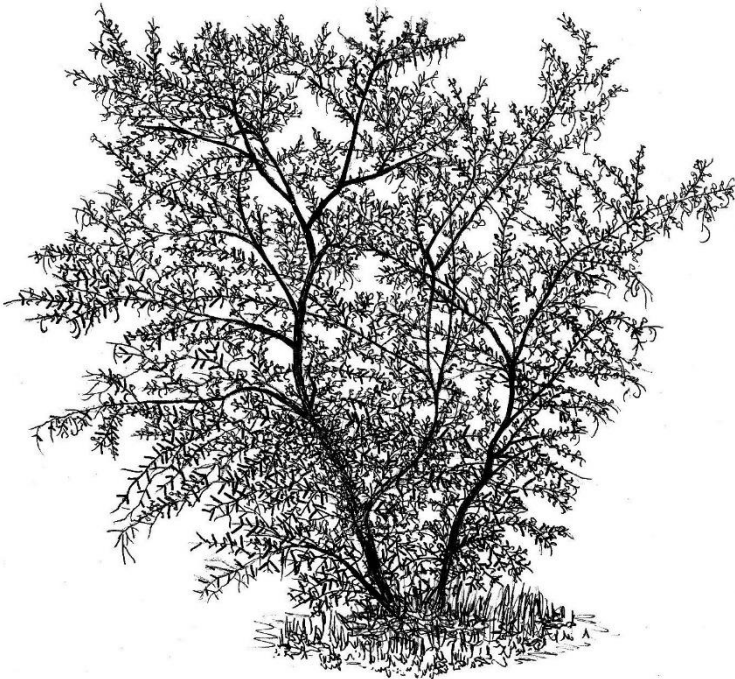
13. Keep your tongue from evil,
and your lips from speaking lies.

14. Turn from evil and do good,
seek peace and pursue it.

15. The eyes of the Lord are on the righteous,
and His ears are attentive to their cry.

18. The Lord is close to the brokenhearted,
and saves those who are crushed in spirit.

20. A righteous man may have many troubles,
but the Lord delivers him
from them all.

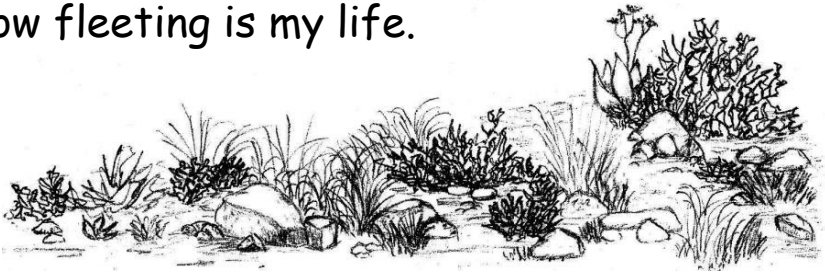


3. Trust in the Lord and do good,
dwell in the Land and enjoy safe pasture.
4. Delight yourself in the Lord, and He will
give you the desires of your heart.
5. Commit your way to the Lord
and trust in Him, and He will do this:
6. He will make your righteousness shine
like the dawn, the justice of your cause
like the noonday sun.
23. The steps of a good man are ordered
by the Lord, and He delights in his way.
24. Though he stumble, he will not fall,
for the Lord upholds him with His hand.

Psalm 39

11

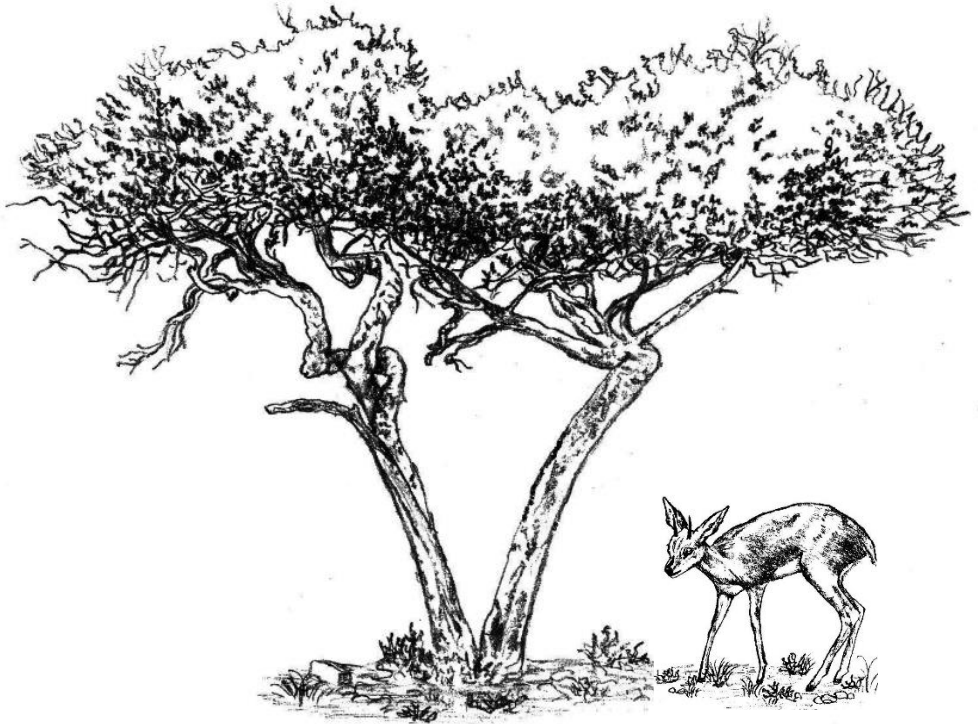
4. Lord, show me my life's end
and the number of my days,
let me know
how fleeting is my life.



Psalm 40

1. I waited patiently for the Lord,
He turned to me and heard my cry.
2. He lifted me out of the slimy pit,
out of the mud and mire.
He set my feet on a rock
and gave me a firm place to stand.

1. As the deer pants for streams of water,
so my soul pants for You, O God.
2. My soul thirsts for God, for the living God.
When can I go and meet with God?

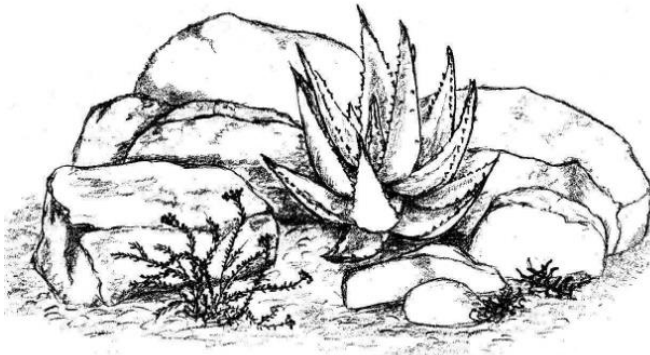


1. Have mercy on me, O God,
according to Your unfailing love.
2. Wash away all my iniquity
and cleanse me from my sin.
3. For I know my transgressions,
and my sin is always before me.
4. Against You, You only, have I sinned
and done what is evil in Your sight.
10. Create in me a pure heart, O God,
and renew a steadfast spirit within me.
17. The sacrifices of God are a broken spirit;
a broken and contrite heart, O God,
You will not despise.

1. My soul finds rest in God alone,
my salvation comes from Him.

2. He alone is my rock and my salvation,
He is my fortress,
and I shall never be shaken.

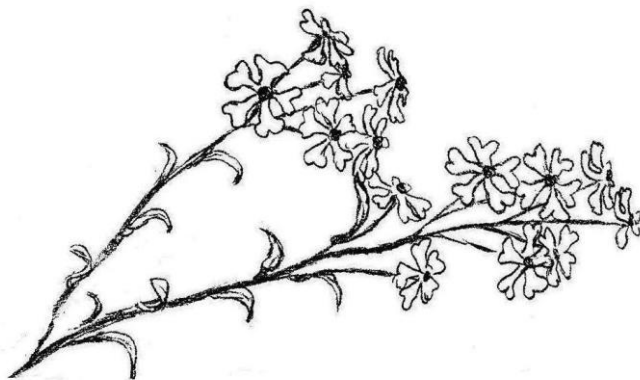
8. Trust in Him at all times, O people.
Pour out your hearts to Him,
for God is our refuge.



Psalm 73

15

23. I am always with You,
You hold me by my right hand.
24. You guide me with Your counsel,
and afterwards You will take me into glory.



Psalm 86

11. Teach me Your way, O Lord,
and I will walk in Your truth.
give me an undivided heart,
that I may fear Your name.

Psalm 90

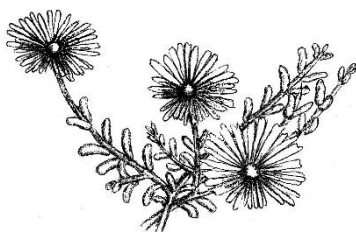
16

12. Teach us to number our days aright,
that we may gain a heart of wisdom.

Psalm 91

1. He who dwells in the shelter
of the Most High,
will rest in the shadow of the Almighty.
2. I will say of the Lord,
"He is my refuge and my fortress,
my God, in whom I trust."
4. He will cover you with His feathers,
and under His wings you will find refuge.
10. No harm will befall you,
no disaster will come near your tent.

11. For He will command his angels concerning you, to guard you in all your ways.
12. They will lift you up in their hands, so that you will not strike your foot against a stone.
14. "Because he loves me," says the Lord, "I will rescue him. I will protect him, because he acknowledges My name.
15. He will call upon Me, and I will answer him, I will be with him in trouble, I will deliver him and honour him.



2. Worship the Lord with gladness;
come before Him with joyful songs.

3. Know that the Lord is God.

It is He who made us, and we are His,
we are His people and the
sheep of His pasture.

4. Enter His gates with thanks-
giving and His courts with praise;
give thanks to Him
and praise His name.

5. For the Lord is good and His
love endures forever;
His faithfulness continues
through all generations.





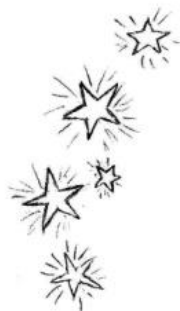
1. Praise the Lord, O my soul,
all my inmost being, praise His holy name.

3. Who forgives all your sins,
and heals all your diseases,

5. Who satisfies your desires with good things,
so that your youth is renewed
like the eagle's.

10. He does not treat us as our sins deserve
or repay us according to our iniquities.

11. For as high as the heavens
are above the earth,
so great is His love
for those who fear Him.



12. As far as the east is from the west,
so far has He removed our transgressions
from us.

14. For He knows how we are formed,
He remembers that we are dust.

15. As for man - his days are like grass;
he flourishes like a flower of the field.

16. The wind blows over it
and it is gone,
and its place
remembers it no more.



17. But from everlasting to everlasting
the Lord's love is with those
who fear Him.

6. The Lord is with me: I will not be afraid.

What can man do to me?

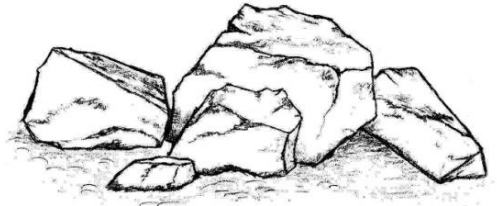
8. It is better to trust in the Lord

than to put confidence in man.

22. The stone which the builders rejected

has become the

chief cornerstone.



23. This was the Lord's doing;

it is marvellous in our eyes.

24. This is the day the Lord has made;

let us rejoice and be glad in it.

26. Blessed is he who comes

in the name of the Lord.

Psalm 119

22

9. How can a young man keep his way pure?

By living according to Your word.

10. I seek You with all my heart;

do not let me stray from Your commands.

11. I have hidden Your word in my heart,

that I might not sin against You.

105. Your word is a lamp to my feet

and a light for my path.



Psalm 121

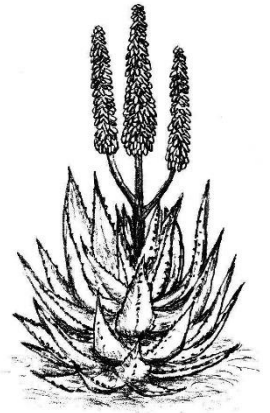
1. I lift up my eyes to the hills -

where does my help come from?

2. My help comes from the Lord,

the Maker of heaven and earth.

3. He will not let your foot slip -
He who watches over you will not slumber.
4. Indeed, He who watches over Israel
will neither slumber nor sleep.
5. The Lord watches over you -
the Lord is your shade at your right hand.
6. The sun will not harm you by day,
nor the moon by night.
7. The Lord will keep you from all harm -
He will watch over your life.
8. The Lord will watch over
your coming and going
both now and for evermore.



1. Unless the Lord builds the house,
its builders labour in vain.

Unless the Lord watches over the city,
the watchmen stand guard in vain.

2. In vain you rise early and stay up late,
eating the bread of anxious toil -
for He gives His beloved sleep.



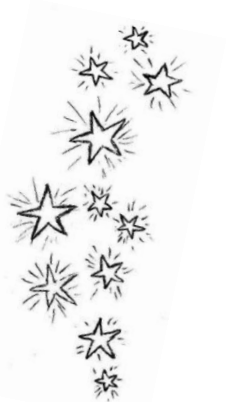
1. O Lord, You have searched me
and You know me.

2. You know when I sit and when I rise;
You perceive my thoughts from afar.

4. Before a word is on my tongue
You know it completely, O Lord.

7. Where can I go from Your Spirit?
Where can I flee
from Your presence?

8. If I go up to the heavens,
You are there;
if I make my bed in the depths,
You are there.

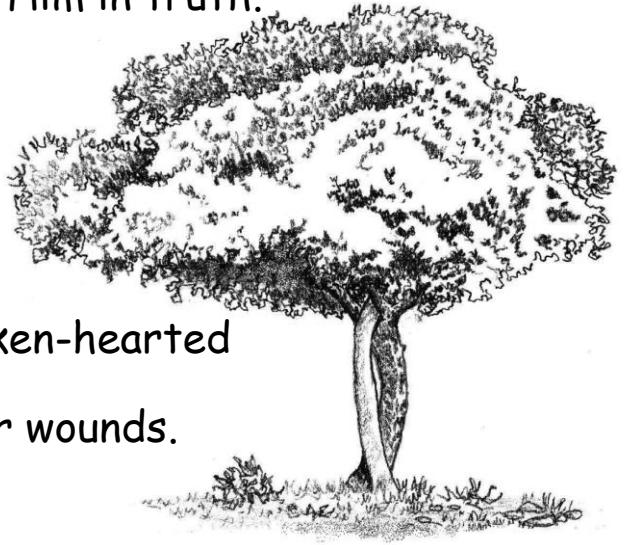


23. Search me, O God, and know my heart;
test me and know my anxious thoughts.

24. See if there be any wicked way in me,
and lead me in the way everlasting.

Psalm 145

18. The Lord is near to all who call on Him,
to all who call on Him in truth.



Psalm 147

3. He heals the broken-hearted
and binds up their wounds.

Psalm 150

6. Let everything that has breath
praise the Lord.